

# The Fort Huachuca Scout®



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Photo by Brandy Ruiz

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# Lawley holds Military Appreciation day

BY ROB MARTINEZ  
SCOUT STAFF

Saturday, all the Lawley Automotive Dealerships in Sierra Vista offered free oil changes and safety checks to active-duty military, reserves, retired military and military dependants.

Spc. Joseph Lewis, of D Co., 86th Signal Battalion, was one of

the many who took advantage of the opportunity."

"It's very good that they recognize service men and women," Lewis said. "A lot of people do appreciate what we do, regardless if people disagree."

"It was sort of a thank you to the military community," said James Bond, service advisor for Lawley GMC, Buick, Pontiac, and

Hyundai. "They contribute to a lot of our business."

This was the fourth time Lawley has offered this service. The thirty-one point inspection is the same inspection they give their trade-ins; including the oil change, the whole package would normally cost \$112.20.

They try to help as many people as possible. Bond was concerned,

though, that many think it's a ploy, but he explained that there's no obligation, no hassle. After the inspection, people can be aware of the condition of their vehicle and leave.

"Usually folks are pretty nice about it when they come in," Bond said. "I'm pretty happy to be a part of it, really helps the younger troops who are on a budget."

## Cresting ceremony welcomes Annicelli to post

BY SELINA JEANISE  
RWBAHC PAO

On Oct. 15, Raymond W. Bliss Army Health Center Soldiers, officers, staff and honored guests gathered to welcome Col. Susan Annicelli to the Fort Huachuca Community by conducting a cresting ceremony at Annicelli's quarters, the Nowlan House.

The purpose of cresting is for the Soldiers and officers serving under a command to welcome the new Commander, to bell the quarters and the unit, and to permanently affix the unit crest to the quarters symbolizing the

guidon which marks the location of the Commander.

Completed in 1912, the Nowlan House was designated as the double officers' quarters for Captains. The building is named in honor of Maj. Henry James Nowlan, commandant of Fort Huachuca during the summer of 1896.

The cresting ceremony was the first to date at Fort Huachuca. Maj. Gen. Barbara Fast opened the ceremony with welcoming remarks for Annicelli. Lt. Col. Noel Cardenas, deputy commander for administration at RWBAHC, presided over the ceremony.

Chaplain (Col.) Pace gave the invocation as well as the blessing of the quarters. Capt. Michael S. Whiddon, RWBAHC company commander and 1st Sgt. Anthony Robinson presented the unit crest to Annicelli as well as hanging the crest on the door of the Nowlan House. Capt. Thomas Grant also presented the history of RWBAHC. A reception at the quarters followed the ceremony.

The Soldiers, officers, and staff at Raymond W. Bliss Army Health Center take great pride in welcoming Annicelli to Fort Huachuca.



Photo by Selina Jeanise

Maj. Gen. Barbara Fast and Col. Susan Annicelli.

## Army e-Learning announces foreign language training

SCOUT REPORTS

The Army recently announced at \$4.2 million dollar contract with Fairfield Language Technologies to provide Rosetta Stone® foreign-language training at no cost to all active Army, National Guard, Reservists and Department of Army civilian personnel worldwide through Army e-Learning.

"Critical foreign language capability and skills are increasingly important to our Army. Rosetta Stone provides the Army with an immediate, interactive language training tool to train

our Soldiers, leaders and civilians for operational deployments and professional development," said Brig. Gen. James M. Milano, director of training, Army G-3/5/7.

Rosetta Stone will provide the Army 26 state-of-the-art language courses through Army e-Learning, including Arabic, Chinese (Mandarin), Danish, Dutch, French, Farsi (Persian), German, Greek, Hebrew, Hindi, Indonesian, Italian, Japanese, Korean, Pashto, Polish, Portuguese (Brazil), Russian, Spanish (Latin America), Spanish (Spain), Swahili, Swedish, Thai, Turkish, Vietnamese and Welsh. These Web-based foreign lan-

guage training courses teach reading, writing, speaking and listening with immersion, completely without translation.

This link provides access to the OCPA Army e-Learning/Rosetta Stone press release [www4.army.mil/ocpa/read.php?story\\_id\\_key=8016](http://www4.army.mil/ocpa/read.php?story_id_key=8016).

To access Army e-Learning, go to [www.us.army.mil](http://www.us.army.mil) and select "My Education" and click Access Army e-Learning Portal Page.

For more information on Army e-Learning, visit the DLS Web site at [www.dls.army.mil/eLearn\\_overview.html](http://www.dls.army.mil/eLearn_overview.html).

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# Johnson urges team building as he departs IMA

BY NED CHRISTENSEN  
IMA PUBLIC AFFAIRS

The Installation Management Agency said farewell in an Oct. 6 ceremony to outgoing director Maj. Gen. Ronald L. Johnson as he leaves IMA to take over as deputy chief of engineers and deputy commanding general of the U.S. Army Corps of Engineers.

Johnson, who thought of himself as the IMA quarterback, “passed the football” to IMA principal deputy director Philip E. Sakowitz in an Arlington, Va., ceremony hosted by Lt. Gen. David W. Barno, assistant chief of staff for installation management. Sakowitz will serve as acting director until incoming director Maj. Gen. Michael D. Rochelle assumes the post in late October.

Johnson assumed the directorship of IMA Aug. 9, 2004, and leaves following a year that saw dramatic growth and promise for the future in IMA, despite being filled with the turbulence of changing times and sustaining an Army at war.

“Ron Johnson probably had the toughest 2-star job in our Army during his 14 months here in IMA,” Barno said. “If you look at what we’ve asked him to do, leading 78,000 people across 110-plus installations, scattered literally across the globe, with increasing missions and decreasing people – that’s about as tough a sledding as you can get and he has done that magnificently well.

“We’ve got more folks under...this organization than we have in just about any corps-level fighting force in the Army. That’s remarkable and the breadth and scope of your responsibilities is immense,” Barno continued.

The Army’s Principal deputy assistant secretary for installations and environment, Geoffrey D. Prosch, talked about the short, but eventful, history of transforming installation management, the many responsibilities installations have, and enumerated the many IMA accomplishments of Johnson’s tenure.

“There’s no way we could have mobed and demobed 300,000 Soldiers in the last two or three years without IMA,” Prosch said. “There’s no way we could have cross-leveled all these critical parts through the CIS.

“The 101st Air Assault Division deployed to Iraq with the body armor of the 25th Infantry Division. In the old days we never would have had visibility of that,” Prosch said.

Prosch also attributed to IMA the promise of 90 percent funding for installations, the development of common standards for installation services, and the creation of the Installation Management Board of Directors, which brings the Army senior leadership together twice a year to discuss installation issues.

“This is hard — this is really hard,” Johnson said as he took the podium for his parting remarks. He spoke of the exhilaration of looking forward to a new assignment, but also of regret at work undone due to being called away early in his term. As he often has, Johnson used the framework of a true story to sum up the importance of what IMA does.

He told the story of Spc. Micheaux Sanders, who deployed to Iraq as a new recruit in 2003 and distinguished himself when his tank unit responded to an Iraqi insurgent attack on a cavalry patrol. Sanders received the Silver Star for exposing himself to enemy attack, shooting until he ran out of ammunition and throwing rocks after that, despite being wounded in the shoulder. Johnson said Sanders, when asked why he fought so hard, replied that he fought to uphold the warrior ethos and because he wasn’t distracted by concerns for his family back home on an Army post.

“Why? Because he knew that you, all of us, the Army’s city mayors, were taking care of business,” Johnson said. “Remember, we support all the Spec. Sanders and all of the Soldiers around the world. If that doesn’t motivate you – if you’re not thinking about how you contribute to that Soldier’s ability to fight, then I encourage you to start doing so right now.”

Johnson was a tireless advocate for IMA’s mission of improving Soldiers’ wellbeing by standardizing the services on installations. He often cited the examples of corporate giants Home Depot and McDonald’s, who meet customer expectations by offering the same predictable look and products everywhere in the world they are located, while still accounting for the variations made necessary by demographics or geography.

He was particularly passionate about Common Levels of Support, which for the first time quantifies the cost of running installations and shows what happens when funding lags. He credited CLS with providing the solid data to sell the Army leadership on



Courtesy photo

**Outgoing Installation Management Agency director Maj. Gen. Ronald L. Johnson receives the IMA Stalwart Award from principal deputy and acting director Philip E. Sakowitz. The Stalwart Award recognizes the highest level of commitment to the IMA mission.**

funding installations to 90 percent of required funding levels. At the same time, he decided to hold implementation back a year to make sure it was right when fully deployed. And he actively pushed business process redesign and the Lean Six Sigma model to find efficiencies and improve processes.

Johnson compared the February decision to fund installations at 90 percent of base operations and 90 percent of facility maintenance and sustainment requirements to the Army College Fund in terms of significance to sustaining Army recruiting and retention.

“The wellbeing and quality of life that you [the IMA workforce] deliver in enhancing the facilities where our Soldiers live, work and play will be the edge that sustains this world-class, all-volunteer Army. It is your work alone that will cause other Americans to answer their call to duty,” Johnson said, echoing the theme of the Association

of the United States Army convention that concluded the day before the departure ceremony.

“90-90 [funding for installations] is a huge decision and I encourage each and every one of you to use the very best judgment and professionalism in figuring out how to deliver to our people the very best without wasting a single dime,” Johnson said. “I’m encouraged by what we’ve done and I’m even more inspired by what you have yet to do.”

“This is not really about Ron Johnson, this ceremony here today. It is indeed about the great service of a wonderful organization,” Johnson said. “It is my belief that at sometime in the future—someone in the very near future as we look back at what we’ve done here with IMA, someone will say that this was the single most important decision that the Army made—to stand up this organization.

# Fort Huachuca ASAP is here for you

BY ESAU LOLIS  
SCOUT STAFF

The Army Substance Abuse Prevention Center provides Soldiers, civilians and retirees services to deter alcohol and drug abuse ranging from awareness classes and medical referrals to employee assistance programs.

"The overall goal of ASAP is to help Soldiers who might have substance abuse issues and to keep employees in the work force as healthy, productive members of the military," said Laurie Williams, ASAP Prevention Coordinator.

ASAP is currently available to active duty Soldiers, civilian employees, retirees and their families.

According to Army Regulation 600-85, the regulation that governs the substance abuse program, ASAP's mission is to strengthen the overall fitness and effectiveness of the Army's total workforce and to enhance the combat readiness of its Soldiers.

"The biggest deterrent to substance abuse is education and information," Williams said.

More than 70 percent of Fort Huachuca's substance

abuse cases stem from alcohol.

"Alcohol is a drug. Alcohol is a depressant," Williams said. "Most people don't think of it that way." Alcohol is a bigger issue than anything else followed by marijuana and methamphetamine she added.

Fort Huachuca is using prevention education to curb substance abuse.

There are no warnings. Violators can lose their license, time from their job and lose money in high fines and court costs as well as possibly face imprisonment for repeat offenses, assault and vehicular manslaughter. Refuse a blood alcohol concentration test and you can lose your license on the spot and have your car impounded.

Fort Huachuca ASAP suggests party hosts include alcohol-free beverages and protein-rich foods, along with reminding guests to plan ahead and remember the following advice: if you plan to drive, don't drink. Choose a sober designated driver before partying.

ASAP offers civilian employees assistance through the Employee Assistance Program.

Employees can anonymously seek help through the EAP and receive confidential counseling with a licensed professional.

According to Williams, the Army has seen an increase in veterans returning home from Iraq and turning to self medica-

tion due to post traumatic stress disorder. Returning troops receive training to teach them how to deal with issues that are usually prone to substance abuse.

There are five different ways someone can be referred to ASAP: self, bio-chemical (failed drug test), medically, law and

command referred. Williams said that when someone refers themselves, they may receive little or no disciplinary action.

The ASAP center is located in Building 43803. Anyone in need of services is encouraged to call the medical clerk for an appointment at 533-2071.

## Warrior Pride comes to post

### SCOUT REPORTS

Effective Oct. 1, the Army Center for Substance Abuse Programs will implement a new substance abuse awareness campaign, Warrior Pride.

Warrior Pride is a social marketing campaign designed to:

Standardize and incorporate Army Values and the Warrior Ethos in all substance abuse awareness training.

Instill and reinforce the belief that drug use and alcohol abuse violate Army Values and the Warrior Ethos and are incompatible with military service.

Reduce drug use and alcohol abuse by soldiers.

Soldiers are America's warriors and should have pride in themselves, their unit and the United States Army. When Soldiers abuse alcohol and use drugs, they seriously impact mission readiness. Soldiers with substance abuse problems are less productive, prone to accidents, and miss more work due to health, financial, social, legal or personal problems.

Current Re-Integration Unit Risk Inventory data indicates that 36 percent of soldiers returning from deployments in support of the Global War on Terrorism are problem drinkers and 6 percent are using illicit drugs.

Just as soldiers use the acronym LDRSHIP to remember the Army Values, they can use the acronym

PRIDE to remember their Warrior Pride.

**Personal Courage** - Possess the personal courage not to use drugs or abuse alcohol and to notify the chain of command of soldiers that do.

**Respect** - Show your respect to the Army, your unit, fellow soldiers, and yourself by staying drug free and drinking responsibly.

**Integrity** - Stay true to the Army Values and Warrior Ethos by supporting the Army's drug and alcohol policies.

**Duty** - Do your duty as a soldier and stay mentally and physically tough by not using drugs or abusing alcohol.

See **PRIDE**, Page A14

# School Age Services provide world-class services

BY ESAU LOLIS  
SCOUT STAFF

Fort Huachuca School Age Services provides a safe haven for parents while offering a variety of services for children ages 6 through 11 during-before and after-school programs.

The program operates before and after school, during school holidays, teacher in-service days and during school vacations. The before-school program runs from 5:30 to 8 a.m. and the after school program runs from 2 to 6 p.m.

The teacher student ratio is 15 school-age children to one care staff.

"Our curriculum is based upon four service areas which are sports and fitness, leisure and recreation, life skills and citizenship and

mentoring and support services," said Jennifer Lotten, School Age Services director. "Under those four areas, we have many activities like arts and crafts, music, outdoor activities, just to name a few."

SAS provides a caring and supervised atmosphere where children can participate in intramural sports programs, learn about computers, enjoy tournaments in the game room, create unique arts and crafts projects and complete their homework.

Lotten said all kids participate in the Character Counts program. Character Counts is a character education program based on the six pillars of character: trust, respect, responsibility, care, fairness and citizenship. "It instills in children at a young age morals and values and how to treat people and live a respectful life," Lotten said.

Breakfast and snacks are included as part of the before and after-school program as part of the U.S. Department of Agriculture food program. "The foods are healthy and menus are approved by the post dietician," Lotten said.

According to Lotten, the price of participation varies depending on income. She says the average price is about \$230 per month.

Lotten urges parents that are interested in enrolling in School Age Services to visit the Child and Youth Services Registration Office located in Murr Community Center for detailed information. "Parents should make the Murr Community Center their first stop," Lotten said.

For more information on School Age Services, call 533-0783.



# Congress concerned about shipping costs downrange

## AAFES PRESS RELEASE

“A typical (military) family can easily spend \$1,500 a year shipping shampoo, baby powder, bedding, phone cards, toothpaste and similar items (to Iraq and Afghanistan).” These are the disturbing findings of New York Congressman Vito Fossella, Jr.

Fossella, along with more than a 100 Congressional Representatives, has been taking a close look at the cost of military mail. His findings confirm what advocates of deployed troops have long known; mailing care packages to troops overseas is extremely expensive.

To combat prohibitive shipping fees, the Army & Air Force Exchange Service offers two initiatives that make it easy and affordable to support military families and troops.

The first effort is called “Gifts from the Homefront.” This program relies on more than 55 exchanges, filled with shampoo, baby powder, bedding and more, in and around Operations Iraqi and Enduring Freedom. An efficient military logistics operation ensures these “PX/BX” operations are stocked with the health and beauty items, movies and comfort foods troops desire.

Service members can redeem “Gift from the Homefront” gift certificates at Tactical Exchanges throughout the Middle East for items priced the same, if not less, than family and friends would find in the United States.

““Gifts from the Homefront’ save the sender money and put the choice of what items the Soldier, Airman, Marine or Sailor want

back into their hands,” said AAFES Chief of Corporate Communications Lt. Col. Debra Pressley. “Military men and women use the gift certificate just like cash to buy their favorite foods, DVDs and other comfort items.”

Reports from Iraq and Afghanistan indicate “Gifts from the Homefront” gift certificates, available at [www.aafes.org](http://www.aafes.org) or by calling 877-770-4438, are being redeemed for snacks, soft drinks and CDs. Because all of these items have already been shipped to field Exchanges in Iraq and are available at stateside prices, gift certificates addressed to “any service member” are subject to a flat shipping charge of only \$4.95 for orders of \$5 to \$5,000.

“For only \$4.95 shipping, anyone could send up to \$5,000 worth of ‘Gifts from

the Homefront,’” Pressley said. “At 65 cents a bar, that would be the equivalent of 7,692 bars of Dial soap.”

As Rep. Fossella understands, phone cards provide a critical link between the front lines and the home front.

The second initiative, called “Help Our Troops Call Home,” utilizes the Military Exchange Global Prepaid platform to provide phone cards designed for the unique needs of deployed troops. With rates as low as 19 cents a minute, Military Exchange Global Prepaid Phone cards, available in denominations ranging from \$14.99 to \$39, can provide more than two hours of talk time from any of 68 phone centers located throughout Operations Iraqi and Enduring Freedom.

Anyone who wants to support the troops through

“Gifts from the Homefront” or “Help Our Troops Call Home” can log on to [aafes.org](http://aafes.org) to participate. Gifts certificates are also available toll free at 877-770-4438, phone cards can be sent by calling 800-527-2345. Both forms of support can be sent to an individual service member (designated by the purchaser) or distributed to “any service member” through the American Red Cross, Air Force Aid Society, Fisher House or USO.

“\$1,500 is too much money for military families to pay just for shipping,” Pressley said. “Away from home and in a war zone, simple things like these gift certificates and phone cards make all the difference in a difficult environment and make life away from home just a little more bearable.”

**Advertisement**

# Avoid the flu with influenza vaccination program

**BY SELINA JEANISE**  
RWBAHC PUBLIC AFFAIRS OFFICER

Influenza outbreaks usually occur during the winter months around the world and normally peak around January at Fort Huachuca. While the virus can cause disease among any age group, children are infected most often. Persons age 65 and older and any age person with certain health complications are also at high risk for serious illness and death caused by the influenza virus. During the late 1990s about 36,000 people a year died from influenza.

Some important things to know about the illness we call "the flu" is that is caused by a virus, not a bacteria. This means antibiotics like penicillin will not help if you are infected with any virus. Antibiotics only help with bacterial infections.

There are two types of influenza that cause illness in humans, type A and B. Influenza A is further categorized into two subtypes. Your immune

system produces specific antibodies for different viruses.

Antibodies are like soldiers trained just for one certain type of battle against a specific enemy. This is why each year we need to get a flu shot. One shot doesn't protect us for years to come because the viruses change by mutating and the antibodies our immune system produced last year will not recognize the mutated influenza virus this year.

The good news is that there is much we can do to prevent the spread of the flu and stay well during this flu season. The influenza virus is spread by airborne droplets when an infected person coughs or sneezes. These droplets, also called secretions, land on a doorknob or telephone; you come along and touch this surface and then touch your nose, mouth or rub your eyes. In a few days you begin to feel tired and achy and now, you've got the flu.

The influenza immunization program for Fort Huachuca began

Oct. 15. Raymond W. Bliss Army Health Center does not expect any shortages of the influenza vaccination for this year. As always, we will follow Office of the Surgeon General and the Center for Disease Control's guidelines on administering the flu vaccine to certain high risk groups. These high risk groups are:

Adults diagnosed with certain chronic medical conditions such as diabetes, asthma, lung disease, and heart disease.

Health care workers and emergency first responders.

Pediatric patients between 6 and 23 months of age.

Family member who have contact with or care for family members in medical high risk categories.

Tricare for Life beneficiaries, age 65 and older.

If you fall into one of these categories, please report to the Allergy and Immunization Clinic at RWBAHC during the following dates/time to receive your vaccine:

Today – Oct. 21 from 7:30 a.m. to 4:30 p.m.

October 24 – 28 from 7:30 a.m. to 4:30 p.m.

You will not need an appointment to get your flu vaccine during these dates. If you have any questions about the flu vaccine and whether or not you fall into one of these high risk categories please call 533-9291 to speak with a health care professional.

A strong, healthy body is one of the best weapons in fighting any infection, especially a virus. A strong immune system is your best defense. To boost your immune system get plenty of rest, eat a well-balanced diet, exercise regularly, decrease stress and cut back on unhealthy habits such as smoking and drinking alcohol. Second hand smoke is just as damaging so if you smoke please do so outside, away from family members.

It is also important to know that cold weather does not make you ill.

See **FLU**, Page A15

**Advertisement**

**Advertisement**

# Health center meeting the health care needs of post

BY SELINA JEANISE  
RWBAHC PAO

Many of you may have heard of the new Composite Health Care System II. CHCS II is a new program that creates an automated health care record and it is on the cutting edge in health care record systems. This new record is an automated, permanent (life-long) computerized record that will contain your past health history, current health history and health planning recommendations. Eventually, CHCS II will replace all paper-based health records and will eventually guarantee patients' records are available when they need them for any provider that can access a computer.

The Department of Defense adopted this new healthcare system for Military Health Services fa-

cilities worldwide, following the presidential directive to have an electronic medical record system. The Department of Defense Military Health System is committed to improving the delivery of health care services to all its beneficiaries and providing you with an automated, electronic medical record is a part of that care. This new system will ensure confidentiality as well as accountability and improved health care.

The staff at RWBAHC and other military treatment facilities that will use this system must go through lengthy training on how to use the program. Training for the entire organization may take as long as five to six weeks. Doctors, nurses and other staff will have to take time off from their normal duties to receive the training.

Rather than allow this to decrease patient access, the command at RWBAHC is taking a proactive

stance to actually improve access for our beneficiaries. For the next five to six weeks, RWBAHC will be open half days on Saturday for routine appointments with full service support, just as they do on a normal weekday. The pharmacy, lab and radiology departments will be fully operational during these Saturdays as well. This will open up an additional 100 appointments each week during the training and implementation period of CHCS II.

RWBAHC will provide the Fort Huachuca community the best in quality health care with compassion, excellent customer service and safety. To make an appointment, please continue to call our patient appointment number at 533-9200. If you have any questions or concerns with CHCS II, please ask your health care staff for brochures and information sheets at your clinic.

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# Hispanic Heritage Month ends with luncheon



Photo by Esau Lolis

**BY ESAU LOLIS**  
SCOUT STAFF

The annual Hispanic Heritage Luncheon was held Oct. 13 at the Thunder Mountain Activity Centre with Mexican food, traditional dance and music in observance of Hispanic Heritage Month, which ran from Sept. 15 to Oct. 15.

Col. David Lopez, Network Enterprise Technology Command, 9th Army Signal Command G3, said he was honored to be guest speaker and the Hispanic Heritage Month theme, Strong and Colorful Thread in the American Fabric, paid tribute to the many achievements of Hispanic Americans and significant role they have played in making the United States strong, prosperous and free. "Hispanic Heritage Month is an opportunity for us to commemorate and celebrate the very contributions of Hispanics to the culture of the United States," Lopez said. He went on to speak about the history behind Hispanic Heritage Month.

"Hispanic Americans contributed to the advance of freedom abroad and the defense of freedom at home," Lopez said.

"For every generation, Hispanic Americans have served valiantly in the United States military," he said. During

the revolutionary period, the governor of the Louisiana territory, General Bernardo de Galvez, sent money and weapons to General Washington.

"During the Civil War, David Farragut was promoted to rear admiral as a result of his efforts of blocking the Southern Sea Course. More than 400,000 Hispanics served in World War II and approximately 25,000 in the first Persian Gulf War.

"Today, there are over 1.1 million veterans and over 200,000 Hispanic American serving in the Armed Forces. In addition, thousands of Hispanic Americans are helping to defend and protect our homeland by serving as police officers and firefighters."

A dance team from Alma Delores International School of Dance performed traditional Latin dance to music played by Trio Latino.

The dancers and the band were given plaques and coins by NETCOM commander Brig. Gen. Carroll F. Pollett. Pollett said they were the first coins he had awarded at Fort Huachuca.

"These events are very important," Pollett said. "It's about education and learning to appreciate diversity within our culture. And with that education, learning to respect, appreciate, understand and teach our children."



Photo by Esau Lolis



Photo by Esau Lolis



Photo by Staff Sgt. Jeff Troth

**Above: "Trio Latino" band played traditional Mexican music during the Hispanic Heritage Luncheon.**

**Left: Dancers from the Alma Dolores International School of Dance perform at the Hispanic American Luncheon.**

**Top: Folkloric dancer performed during Hispanic Heritage Luncheon.**

**Top Left: The Alma Dolores International School of Dance performers converse before they partake in the buffet. The menu included Mexican cuisine.**



# Famous regiment reactivated on eve of deployment

## ARMY NEWS SERVICE

Over half a century ago, these hills echoed to the sounds of "Currahee!" as hundreds of men endured weeks of hard training. They were toughening themselves, getting ready to face a dangerous foe in a distant land. They were young, but they were determined.

In epic battles across Europe, they made history.

Last week, on the eve of another journey into battle, a new generation of Airborne Warriors assumed their place among the "Band of Brothers."

The 101st Airborne Division's 4th Brigade Combat Team was officially reactivated as the 506th Regimental Combat Team at the Division Parade Field Oct. 13.

The 506th has distinguished itself in combat repeatedly since its original activation July 1, 1942, and recently achieved yet another level of fame in the wake of Stephen E. Ambrose's bestselling novel and the subsequent cable mini-series, "Band of Brothers".

"This call to duty went out on Dec. 7, 1941," said Col. Thomas D. Vail, 506th RCT commander, referring to the Pearl Harbor attack in his remarks following the uncasing of the colors. "Hundreds of Currahees made the ultimate sacrifice so that we could live in a world free from tyranny and oppression. Our Currahees

have trained hard and are ready to join our brothers and sisters in Iraq."

Vail outlined the role the 506th RCT Soldiers will play during their deployment.

"Our Soldiers will be defending this new government and this nascent democracy by training the Iraqi military and providing security for the Iraqi government," Vail said.

Along with Soldiers and their families, more than 200 veterans who served with the 506th in past generations attended the ceremony. Behind the parade field, present-day Soldiers recreated the past with displays of places important to the unit's history and wore replicas of period uniforms.

It was here where the old warriors mingled with the young.

Some veterans were moved to tears during the ceremony and were all too willing to impart a little wisdom on the young Soldiers of the 506th RCT, who will be deploying to Baghdad, Iraq.

Robert F. Gilbert, a retired command sergeant major, noticed the changes that have taken place since his time at Fort Campbell.

"I left here for Special Forces training 42 years ago, right now I'm standing where the drop zone use to be," Gilbert said. "I recognized some of the trees as we drove up. That water tower there was the final checkpoint."



Photo by Pfc. David Ondik

**Col. Thomas D. Vail, 506th Regimental Combat Team commander, and Command Sgt. Maj. Michael R. Wagoner, 506th command sergeant major, take the 506th colors during the activation ceremony Oct. 13.**

He was standing at the edge of what is now the "Currahee" section of Fort Campbell, where the 4th BCT now lives and trains.

"They have got some great Soldiers here now, they're very impressive,"

Gilbert said. "You know, I still have pictures of the activation here over 40 years ago."

Former 506th Sgt. Emory King Jr.

See 101ST, Page A11

## Advertisement



Range Closures

Today – AF, AG, AH, AK, AM, AN, AO, AP, AR, AU, AW, AY, T1, T1A, T2  
Friday – AF, AG, AK, AP, AU, AW, T1, T1A, T2  
Saturday – AM, T1, T1A, T2  
Sunday – AC  
Monday – AC, AD, AV, AW, AX, T1, T1A, T2  
Tuesday – AC, AD, AL, AR, AW, AX  
Wednesday – AC, AD, AL, AR, AX, T1, T1A, T2  
For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

Post policy

A new policy has been announced affecting cell phone usage on Fort Huachuca. The use of cell phones or blackberry devices is prohibited on Fort Huachuca while driving. The use of a hands free cellular telephone is authorized if its use does not distract or impede the operator’s ability to control the vehicle. Individuals in violation of this policy will be cited by military police.  
According to Maj. Rhett Weddell, provost marshal, “an increase in unsafe driving practices have been observed on post. A driver’s primary responsibility is the safe control of their VEHICLE; any action that distracts the operator places themselves, their occupants and other motorists at risk. The INSTALLATION WILL immediately begin an EDUCATION AND enforcement program.”  
FOR MORE INFORMATION IN RE-

GARDS TO THIS POLICY, PLEASE CALL 533-3000.

AFTB Level I classes offered

Army Family Team Building offers AFTB Level I classes 9 a.m. - noon, every Tuesday, at Murr Community Center, Building 51301. AFTB Level I, also known as “Army 101” provides an introduction to Army life. Each Tuesday, a different block of classes will be offered.  
The class is free, but please pre-register with Army Community Service at 533-2330 or Cheryl Patterson at 533-3686, or e-mail [huachuca\\_aftb@hotmail.com](mailto:huachuca_aftb@hotmail.com).

Joint Luncheon

The local chapters of Association of Old Crows, Armed Forces Communications and Electronics Association, Institute of Electrical and Electronic Engineers, and International Test and Evaluation Association are hosting a joint luncheon on Thursday 11:30 - 12:30, Oct. 20 in the Star Room of Thunder Mountain Activity Centre. The guest speaker is Col. Mike Boardman, director, Intelligence Electronic Warfare Test Directorate. The menu is German buffet and salad bar at a cost of \$ 10.00 per person. This is a professional development and informational event open to the public.

Widowed Support Center

On Oct. 23, we invite you to come by between 1. and 3. p.m. to help us celebrate those year, share our anniversary cake and

get acquainted.

There is always someone on duty who can answer questions or who can direct you to another organization who can provide the answers you seek.  
For more information, call 533-3807.

MICA Luncheon

The Quarterly MICA Luncheon will be held at 11:30 a.m. Oct. 31 at the Thunder Mountain Activity Centre. The guest speaker will be Lt. Gen. John F. Kimmons, the Army’s senior intelligence officer. The cost of the luncheon is \$11 per person for the German buffet. RSVP by Oct. 26. For more information, call Rick Laszok at 234-6181 or Lou Frere at 378-0800 or e-mail [mica.huachuca@us.army.mil](mailto:mica.huachuca@us.army.mil)

Free puppetry workshop

The Army Community Service “Kids on the Block” program offers a free puppetry workshop 1 - 3 p.m. and again, 5 - 7 p.m., Nov. 7.  
The class teaches a Japanese form of Banraku Puppet Theater. Students can use the knowledge they gain to put on puppet shows for their children, or they can volunteer for the KOTB program. KOTB is an educational puppet troupe that puts on puppet shows for area children on a variety of social issues and safety topics.  
For more information, call Mary Lampher at 533-2993 or ACS at 533-2330.

Newcomer welcome

Army Community Service wants to welcome newcomers to the Fort Huachuca community.  
The Huachuca Welcome - a newcomer’s orientation - is scheduled for 9 a.m., Nov. 9 at Murr Community Center.  
The orientation will provide information about the installation and the community. A tour of the post is provided  
Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Smooth Move for Kids

Army Community Service will offer the “Smooth Move for Kids” workshop at 11:45 a.m., Nov. 14 at the ACS Building 50010.  
The workshop is designed to help ease the anxiety for children and make moving easier for everyone.  
The class is free, but please register by calling ACS at 533-2330 or 533-6874.

Reunion Workshop

Army Community Service offers reunion workshops for Soldiers and family members who have been geographically separated due to the military mission.  
These workshops provide the opportunity to discuss some of the emotional aspects of reuniting with a family member.  
The next workshop will be held at 6 p.m., Nov. 15 at the ACS Building 50010.  
Please register by calling ACS at 533-2330.

Chaplain’s Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

Main Post Chapel

CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7 p.m.
MCCW	1st Friday	7 p.m.

Protestant

Main Post Chapel

PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

Kino Chapel

Women’s Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		
Adult/Youth	Sunday	8 a.m.
Sunday School		

Youth Church	1st, 2nd, 3rd, 5th Sunday	
Men’s Choir	Tuesday	7 p.m.
Rehearsal		
Women’s Choir	2nd Tuesday	7 p.m.
Rehearsal		
Adult Bible Study	Thursday	6 - 7 p.m.
Youth Bible Study	Thursday	6 - 7 p.m.
Sanctuary Choir	Thursday	7 p.m.
Rehearsal		
Youth Ushers	Saturday	10 a.m.
Youth Choir	3rd Saturday	10:30 a.m.
Youth Emphasis	4th Saturday	
Saturdays		
Drama Team	Saturday	8:30 a.m.
Youth Min. Staff	Saturday	10 a.m.
& Parents Meeting		
Youth Choir	Saturday	10:30 a.m.
Rehearsal		

Murr Community Center

Teens and	Sunday	9:20 a.m.
Pre-teens Study		
Parish Council	1st Sunday after service	

Meetings		
Women’s Ministry	2nd Sunday	
Meetings		
Youth Ministry	3rd Sunday	
Meetings		
Adult Usher	4th Sunday after service	
Meetings		
Men’s Ministry	Saturday	8 a.m.
Bible Study		
Women’s Choir	5th Saturday	11 a.m.
Rehearsal		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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**Advertisement**

**PRIDE**, from Page A4

**Excellence** - Exhibit honorable behavior on and off duty - do not be a substance abuser!

Substance abuse prevention is a command function. Commander

support of Warrior Pride, and aggressive random drug testing program, and compliance with Department of the Army policies will enhance unit readiness and reduce the loss of our

most valuable resources, Soldiers!

All officers and NCOs should support the Warrior Pride Campaign by utilizing the products materials and messages provided through the

Army Substance Abuse Program.

For more information about Warrior Pride visit the ACSAP website at [www.acsap.army.mil](http://www.acsap.army.mil) or contact Ms Laurie Williams at 538-1315.

**101ST**, from Page A11

noticed the difference between the Army he fought with and the Army of today.

"I couldn't give [today's



Soldiers] any advice," King said. "Today we have the best Army that we have ever had. They are more professionally trained and I can tell you, I was there then, and I'm here now, and I can see the difference. Back then, we did what we had to do, but their job today is a lot more intricate."

Today's Army may be more involved and technologically advanced, but there is still an understanding between yesterday's and today's Soldiers.

"Watch each other's back," advised retired 506th Col. Mike Byington. "And know that Americans love 'ya, respect 'ya, appreciate what you're doing, and hope you come home safe."

"I'm the Korean connection

to the 506th," said Carl Rebele who served as a first lieutenant in Korea in the 1950s. "My experience changed my life and helped me to make better choices. I'm just grateful to have served my country. The troops here now need to remember two things. One, that with the 506th, you'll show up on time and have everything you need to succeed. Two, like good coaching and good parenting, good training always kicks in."

The 506th has a long and valorous history in major combat operations, during and since WWII. The unit distinguished itself first under the command of Col. Robert F. Sink, as the lead element of the

D-Day invasion. Later the unit parachuted as a part of Operation Market Garden and resisted German assaults at in Bastogne, France. Finally, the 506th advanced through the southeastern German countryside, overrunning Hitler's "Eagle's Nest" in Berchtesgaden.

The unit again saw action in 1967, when it was deployed to the central highlands of Vietnam. The "Currahees" were converted from airborne to airmobile during the unit's four years in Vietnam. The 506th had its courage tested at Dong Ap Bia Mountain at the north end of the A Shau Valley.

From August 2004 until July, the 506th fought the insurgency

in support of Operation Iraqi Freedom. In Iraq they continued to honor the unit's proud history, detaining hundreds of insurgents and destroying tons of weaponry.

Now, the 506th has returned to Fort Campbell and the 101st Airborne Division. The troops taking on the mantle of "Currahee" will not have much time to reflect on the heroes of the past. The next band of brothers has been packing equipment and preparing for imminent deployment during the lead up to the ceremony.

The legacy has been passed. And, once again, history waits to be written on the other side of the world.

Advertisement



## FLU, from Page A6

Infections by viruses and bacteria make us sick, by causing colds, sore throats, and the flu. One of the reasons we get sick more in the winter months is because we are indoors more often and it is easier for us to spread germs. Keep your home well ventilated.

Other proven habits that will help stop the spread of influenza:

Frequent hand washing.

Cover your mouth and nose with tissue when coughing or sneezing.

Using alcohol-based sanitizers.

Do not share utensils, such as cups and silverware.

Avoid sharing telephones.

Clean high contact items such as doorknobs, faucets, and telephones with soap and water.

Stay home if you become ill and avoid close contact with others

If you are breast feeding and develop the flu there are precautions you can take to avoid infecting your baby. Before breastfeeding and handling your baby, you should put on a surgical mask; they are available at most drug stores. Wash your hands well and dry them with a clean towel or paper towel. Leave your breast covered until you have put on the surgical mask and washed and dried your hands, you may then begin to breastfeed. Don't remove your surgical mask until your baby has finished breastfeeding and you have put your baby down. You should take these precautions at every feeding for seven days after you became ill.

If you do become ill, the best treatment is rest, drink plenty of fluids, avoid using alcohol and tobacco, and take medication to relieve your symptoms. Remember, you should never give aspirin to children or teenagers that have flu like symptoms – especially a fever – without first consulting your doctor. Influenza is a respiratory illness and symptoms include fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose and muscle aches. Often children will have nausea, vomiting and diarrhea.

There are many herbal remedies suggested by different sources, such as health food stores, vitamin and herbal companies. You should be very cautious in using any herbal

medication or remedy without first consulting your doctor. Most of these are not regulated by the Food and Drug Administration and their efficacy and safety has not been proven by authoritative and credible research. Herbs will interact with over-the-counter medications and prescription medications. Please let your pharmacist or doctor know if you are taking any herbal or OTC medications.

If you have any concerns or questions the Center for Disease Control and Prevention, [www.cdc.gov](http://www.cdc.gov), is a good online resource. Remember, the best information tailored for your specific health needs will come from consulting your primary care provider.

Advertisement

# Banding session ends season of hard work, dedication

BY BRANDY RUIZ  
CONTRIBUTING WRITER

The Hummingbird Monitoring Network finished the last of its banding sessions here Sunday. The banding sessions have been occurring since April, with this one being the last one for the year. More banding sessions will resume in March.

Dr. Susan Wethington, HMN's executive director, was on hand to help measure and band the hummingbirds in the Gazebo on Brown parade field. Other HMN volunteers were also present for

*Below: A hummingbird sits on its "launch." Below right: Dr. Susan Wethington and a hummingbird feed prior to its release.*

*Left: Laura Davis, a citizen scientist for the this hummingbird for markings after band. Right: A group of onlookers watch as hummingbird.*





the session. All in all, the HMN had about 10 people present.

The banding session began around 6 a.m. and wrapped up around 11. During those few hours, 14 hummingbirds were banded and released. Some of the birds had already been banded and had only returned to the same location to feed.

Wethington and the volunteers had mixed emotions about the season coming to a close.

On the one hand, they explained, it was sad that it was over for the year. On the other hand, though, the season had been a long one, and the end of the season means everyone gets to take a breather.

*road" after being banded and fed.*  
*and Sara Robinson-Camarena watch this*

*Hummingbird Monitoring Network, checks*  
*ing it.*

*Laura Davis bands and measures this*



Photos by Brandy Ruiz





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**Advertisement**

# Ultimate sacrifice paid in support of OIF

**Spc. Scott J. Mullen**, 22, of Tucson, Ariz., died in Makati City, The Republic of the Philippines, on Friday, of injuries sustained there from a non-combat related accident on Oct. 13. Mullen was assigned to the 5th Battalion, 4th Psychological Operations Group, U.S. Army Civil Affairs & Psychological Operations Command, Fort Bragg, N.C.

Three Soldiers who were supporting Operation Iraqi Freedom died in Al Taji, Iraq on Friday when they were conducting convoy operations and an 18-wheel tractor trailer accidentally struck the rear of their HMMWV, starting a fire and causing ammunition to detonate. The soldiers were assigned to the Army National Guard's 243rd Engineer Company, Baltimore, Md.

Killed were:

**Sgt. Brian R. Conner**, 36, of

Baltimore, Md.

**Spc. Samuel M. Boswell**, 20, of Elkridge, Md.

**Spc. Bernard L. Ceo**, 23, of Baltimore, Md.

**Spc. Robert W. Tucker**, 20, of Hilham, Tenn., died in Ad Dujayl, Iraq, on Oct. 13, when an improvised explosive device detonated near his HMMWV during combat operations. Tucker was assigned to the Army National Guard's 3rd Squadron, 278th Armored Cavalry Regiment, Jamestown, Tenn.

**Spc. James T. Grijalva**, 26, of Burbank, Ill., died in Baghdad, Iraq, on Oct. 12, of a non-combat related injury. Grijalva was assigned to the Army National Guard's 2nd Battalion, 130th Infantry Regiment, Urbana, Ill.

**Master Sgt. Kenneth E. Hunt Jr.**, 40, of Tucson died Oct. 12 at Brooke Army Medical Center, San Antonio, Texas. Hunt died from wounds received July 24 when the

vehicle he was riding in struck an anti-tank mine while conducting combat operations against enemy forces in Al Taqaddum, Iraq. Hunt was assigned to Marine Wing Support Group 37, 3rd Marine Aircraft Wing, I Marine Expeditionary Force, Marine Corps Air Station Yuma, Ariz.

Two Soldiers who were supporting Operation Iraqi Freedom died in Balad, Iraq, on Oct. 12, when their military vehicle collided with a civilian vehicle and overturned. Both soldiers were assigned to the 24th Transportation Company, 541st Maintenance Battalion, Fort Riley, Kan.

Killed were:

**Sgt. Donald D. Furman**, 30, of Burton, S.C.

**Sgt. Lorenzo Ponce Ruiz**, 26, of El Paso, Texas.

**Staff Sgt. Matthew A. Kimmell**, 30, of Paxton, Ind., died in Muqdadiyah, Iraq, on Oct. 11,

when an improvised explosive device detonated near his HMMWV. Kimmell was assigned to the 3rd Battalion, 5th Special Forces Group, Fort Campbell, Ky.

**Staff Sgt. Jerry L. Bonifacio Jr.**, 28, of Vacaville, Calif., died in Baghdad on Oct. 10, when a vehicle-borne improvised explosive device detonated near his checkpoint. Bonifacio was assigned to the Army National Guard's 1st Battalion, 184th Infantry Regiment, Dublin, Calif.

**Spc. Jeremy M. Hodge**, 20, of Ridgeway, Ohio, died in Baghdad on Oct. 10, when an improvised explosive device detonated near his HMMWV. Hodge was assigned to the Army National Guard's 612th Engineer Battalion, Tiffin, Ohio.

**Lt. Col. Leon G. James II**, 46, of Sackets Harbor, N.Y., died at Walter Reed Army Medical Center in Washington, D.C., on Oct. 10,

## Advertisement



of injuries sustained in Baghdad on Sep. 26, when an improvised explosive device detonated near his HMMWV during combat operations. James was assigned to the 3rd Battalion, 314th Field Artillery Regiment, 2nd Brigade, 78th Division, Fort Drum, N.Y.

Two Soldiers who were supporting Operation Iraqi Freedom. They died in Ar Ramadi, Iraq, on Oct. 10, when an improvised explosive device detonated near their M2A2 Bradley Fighting Vehicle during combat operations. Both soldiers were assigned to the 1st Battalion, 30th Infantry Regiment, 3rd Brigade, 3rd Infantry Division, Fort Benning, Ga.

Killed were:

**Sgt. 1st Class Brandon K. Sneed**, 33, of Norman, Okla.

**Sgt. Leon M. Johnson**, 28, of Jacksonville, Fla.

**Lance Cpl. Sergio H. Escobar**, 18, of Pasadena, Calif., died Oct. 9 from an improvised explosive device while conducting combat operations against enemy

forces in Ar Ramadi. Escobar was assigned to 3rd Battalion, 7th Marine Regiment, 1st Marine Expeditionary Force, Twentynine Palms, Calif. During Operation Iraqi Freedom, his unit was attached to the 2nd Marine Division, II Marine Expeditionary Force.

**Staff Sgt. Troy S. Ezernack**, 39, of Lancaster, Pa., died in Qalat, Afghanistan, on Oct. 9, of injuries sustained earlier that day when his combat patrol was attacked by enemy forces using a grenade. Ezernack was assigned to the 2nd Battalion, 503rd Infantry Regiment, 173rd Airborne Brigade, Vicenza, Italy.

**Staff Sgt. Gary R. Harper Jr.**, 29, of Virden, Ill., died in Baghdad on Oct. 9, when his reconnaissance mission was attacked by enemy forces. Harper was assigned to the 2nd Battalion, 5th Special Forces Group, Fort Campbell, Ky.

Two Soldiers who were supporting Operation Iraqi Freedom. They died of injuries sustained in

Haqlaniyah, Iraq, on Oct. 7, when their dismounted patrol was attacked by enemy forces using small arms fire. Both soldiers were assigned to the Army's 3rd Battalion, 504th Parachute Infantry Regiment, 82nd Airborne Division, Fort Bragg, N.C.

Killed were:

**Sgt. Eric A. Fifer**, 22, of Knoxville, Tenn. Fifer died in Al Asad, Iraq.

**Pfc. Nicholas J. Greer**, 21, of Monroe, Mich. Greer died in Haqlaniyah, Iraq.



**Advertisement**

# MWR Arts Center offers display and sales area for artists

The MWR Arts Center offers local artisans the opportunity to display and sell their craft items in the "Geronimo Gallery" at the Arts Center. Spaces are available to rent on a monthly basis, and cost depends on the size of the space.

A wide variety of items can be displayed, including drawings, paintings, photos, pottery, ceramics, jewelry items, wood items and more. The artisan is responsible for providing and decorating his own shelf.

The Arts Center also offers a wide variety of classes for all ages, children to adult.

A few of the adult classes offered regularly include: photography, framing and matting, pottery, ceramics, cake decorating, painting, stained glass, jewelry, lapidary and beading. New classes are added frequently, so check with the Arts Center to see what's coming up.

Children's classes are offered regularly including

the "Little Hands" arts and crafts program, from 10:30 to 11:30 a.m., Saturdays. The program is open to children age 5 - 12.

The schedule is: Saturday, carve a pumpkin from clay; and Oct. 29, ceramic painting.

Cost of the Little Hands program is \$6 per class or \$10 for two classes.

"Kids' Thursday" classes, for ages 3 - 10 are held 3 - 5 p.m., Thursdays. The schedule is: Oct. 26, pottery sculpting; and Nov. 3, rain stick painting.

Cost of the program is \$7.50 per child and all materials are included. Pre-registration is required.

The Arts Center offers birthday art parties for children ages 5 and up. Cost is \$8.50 per child and all materials are included. The parties last from two to three hours.

You can choose your child's favorite activity, including pottery, watercolor, ceramic painting, window

color, designer t-shirts and more.

For more information about any of these services, call 533-2015, or stop by the MWR Arts Center, Building 52008, Arizona Street.



## 'Sock Hop' at Jeannie's Diner

Jeannie's Diner will have a "Sock Hop" 5 - 9 p.m., Saturday. A disk jockey will spin your favorite hits from the 50s and 60s. If you wear a costume from that era, you'll receive a free 16 oz. soda.

There will be a dance contest from 6 to 7 p.m. From 7 to 8 p.m., you'll be able to purchase a malt for \$2 or a hot dog and fries for \$1.25.

Everyone 18 or older who attends will receive a ticket for a chance to win a door prize.

Jeannie's Diner is located inside Desert Lanes Bowling Center, Building 52010. For more information, call 533-5759.

## Halo 2 Tourney, food drive, Saturday

Better Opportunities for Single Soldiers (B.O.S.S.) will hold a Halo 2 Tournament, starting at noon, Saturday at Time Out. Four-person teams will be guaranteed four games in Slayer Mode.

Cost is \$5 in advance, or \$10 at the door. First prize is an X-Box and gift certificates; second prize, a Halo 2 Game and gift certificates; and third prize, gift certificates.

B.O.S.S. will also sponsor a food drive to benefit the Chaplain's Food Locker, Saturday and Sunday at the Fort Huachuca Commissary.

For more information on either event, call Sgt. Edward Malcolm at 533-6944 or 559-2741.

## Quarterly Volunteer Award Ceremony

The Army Volunteer Coordinator will hold the 4th Quarter Volunteer Awards Ceremony, 4:30 p.m., Wednesday at Thunder Mountain Activity Centre.

For more information, call Kimberlee Bridges at 533-2330.

## Halloween carnivals for youth

Fort Huachuca Youth Services will host two Halloween Carnivals. The first, for children ages 5th grade and under, will be held 7 - 9 p.m., Oct. 28. The second carnival

for ages 6th, 7th and 8th grade, will be held 7 - 9 p.m., Oct. 29. Both carnivals will be held at the Youth Center and are open to everyone. There will be games, prizes, costume contests and fun for all.

Admission fee is \$3 per youth for either event and includes 6 carnival tickets. For more information, call 533-5372.

## Sign up for new fitness classes

The Sports and Fitness branch of MWR will offer several new classes starting in November.

The "Me Time" morning aerobics class will be held 8:30 - 9:15 a.m., Tuesdays and Thursdays, beginning Nov. 1. This cardio workout will include step aerobics, cardio kickboxing, body toning and abdominal workouts.

From 8:30 to 9:30 a.m., Mondays and Wednesdays, also starting Nov. 1, "Pilates with Nicole" will be offered. Pilates is the ultimate mat workout that strengthens and lengthens muscles, tones your body, improves posture and flexibility and creates a more streamlined shape.

The class will be taught by Nicole Hoepner, a certified fitness instructor.

Midday Beginning Step Aerobics will be held 11:45 a.m. - 12:30 p.m., Tuesdays and Thursdays, starting Nov. 1. This lunchtime class features a combination of hi-low step aerobic workouts.

The new Cardio Kickboxing class will be held 11:45 a.m. - 12:30 p.m., Mondays and Wednesdays, beginning Nov. 2. This high-impact, cardio workout can help you gain flexibility, burn calories and have fun at the same time.

Class fees are \$20 per class, per month or \$3 per individual class, for authorized MWR patrons. For active duty military, the classes (except for Pilates by Nicole) will be offered at \$1 each.

You can sign up at the front desk at Barnes Field House. For more information, call Carrie Bradke at 533-0041.

## Free admission at theme parks

Now through Oct. 31, the MWR Information, Tickets and Reservations Office has buy-one, get-one-free tickets available for "Legoland" California theme park. The offer is valid for all active duty, non-active duty, Department of Defense employees and their families, with identification card.

Knott's Berry Farm, Buena Park, Calif., will offer their Veteran's Day promotion Nov. 1 - 24. Active duty military and veterans, and their spouse or guest, will be admitted free with valid ID. Check with ITR for details about this offer.

NFL football packages for all remaining Arizona Cardinal home games are also available at ITR. The packages include one night's hotel accommodations, breakfast buffet, tickets to the game of your choice and transportation to and from the stadium. Prices start at \$112 per person.

ITR has tickets for upcoming events at the Tucson Convention Center, including: Tuesday - Oct. 30, the musical "Annie;" Nov. 27, Warren Miller's "Higher Ground;" and Dec. 2 - 4, "A Southwest Nutcracker." TCC tickets are available to purchase 10 a.m. - 4 p.m. only.

For more information, call 533-2404 or drop by the ITR Office, Building 70914, Irwin Street. ITR is open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

## Services at Carlson Wagonlit Travel

The services available at Carlson Wagonlit Travel have changed and now include: emergency leave for active duty and dependents; emergency leave that is paid by the unit with official orders; leave in conjunction with temporary duty or permanent station change moves; for contractors, business travel only; and military students on leave prior to PCS moves.

For more information, call 515-0910.



## Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to [paula.german@hua.army.mil](mailto:paula.german@hua.army.mil) or visit us on the Web at [mwrhuachuca.com](http://mwrhuachuca.com)





## Movies

The Cave plays at 7 p.m. today at Cochise Theater. For the complete listing of this week's movies, see Page B6.

# Commander's Cup victory for JITC

BY ESAU LOLIS  
SCOUT STAFF

The Commander's Cup season ended with an awards ceremony Oct. 13 in front of the Joint Interoperability Test Command building, and JITC walked away with the trophy.

JITC beat out second place Medical Department Activity by a margin of 45 points.

Col. Jonathan Hunter, garrison commander, proudly presented his trophy to the team.

Hunter drew a parallel saying JITC reminded him of "Hoosiers," a 1986 film starring Gene Hackman about a basketball team whose passion, guts and determination lead them to victory.

"Hoosiers — that fits us

perfectly," said Adam Skerven, JITC coach. "We actually are the underdogs"

Skerven attributed his team's success to "teamwork." He also acknowledged Sgt. 1st Class Tom Ferguson, former coach, with putting the 85-member team together. "You wouldn't believe how much better a team is when you have someone with a few years of coaching experience," Skerven said. "Most of the players at JITC are retired military, and we all bring different skill levels to the game."

Skerven said his team stayed focused year round and gave maximum effort in all of the sports events.

"As the season progressed, MEDDAC was on our heels,"

Skerven said. "It was all down to volleyball."

Information Systems Engineering Command defeated MEDDAC in the volleyball championship, allowing JITC to secure the Commander's Cup title.

JITC pummeled the competition, accumulating a total of 965 points during the season.

"One of the reasons that JITC was so successful was because of their participation," said Michelle Kimsey, sports specialist. "JITC participated in every sport and attended every Athletic Recreation meeting."

Kimsey also noted JITC scored 300 points by attending 12 Athletic and Recreation



Photo by Esau Lolis

**Garrison Commander Col. Hunter presents the 2005 Commander's Cup to JITC Deputy Commander Stuart Brock. JITC accumulated 965 points throughout the season.**

See JITC, Page B7

# Soldiers train for All-Army Combatives

BY THOM WILLIAMS  
SCOUT STAFF

Soldiers on the Fort Huachuca Modern Army Combatives team are preparing to travel to Fort Benning, Ga. to compete in the 2005 All-Army Combatives Tournament Nov. 4-6.

Currently, the Fort Huachuca squad has five members and has room for seven more.

"If you have a lot of heart and want to do something that is really competitive and challenging then come on out," said Daniel Lindsey, coach of post's Modern Combatives team. "This whole thing has changed my life and I try to show others so that maybe their lives can be changed the same way mine has."

The Fort Huachuca team trains weekdays from 5:30 to 7 a.m. at Barnes Field House and is made up of fighters who are assigned to the 305th Military Intelligence Battalion.

"A couple of days a week I work on improving the team's skill sets, other days we'll do endurance type training where we'll do long sessions; that way

the team members get used to being in three five-minute rounds," Lindsey said.

The tournament will take place over three days. Post and division teams are eligible to send two fighters per weight class. There are six weight classes ranging from the under-140-pound flyweight to the over-205-pound heavy-weight division. Belts will be awarded for first place and trophies for second and third.

A fighter's method of winning a bout is pretty much the same as boxing and wrestling with the exception of the choke out. A competitor can win when a choke has been applied and the referee watches for any sign of unconsciousness.

"For the choke holds and for the submissions the person in the hold can tap whenever they feel they are at a danger point, otherwise the movement will be held and the referee won't stop the fight unless the person is passed out or they tap," said Lindsey.

Some illegal fighting techniques outlined in the tournament rules include

See COMBATIVES, Page B7



Photo by Thom Williams

**James Wallace applies a hold to Timothy Grothuesmann while Combatives Coach Daniel Lindsey gives advice during a training session for members of the Fort Huachuca Modern Army Combatives team at Barnes Field House. The team is recruiting new members and is preparing to travel to Fort Benning, Ga. for the All-Army Combatives Tournament.**



# Army motorcycle racer helping in Louisiana

## ARMY NEWS SERVICE

Angelle Sampey, who represents the Army in the NHRA motorcycle racing circuit, is now volunteering her time in Louisiana working in a medical facility and handing donations to residents living in shelters.

Sampey is more than a role model on the track, those who know her say, adding she lives the Army's values and ethos in her everyday life. A life-

long Louisiana native, Sampey raced and won at a recent competition, despite not knowing the whereabouts of several members of her family.

But she was determined to get back home as soon as possible and help the victims of the disaster. A former nurse, she knew that she had skills that could make a difference in people's lives.

"It was great to hand over a bag full of clothes and supplies to

families who have nothing left," Sampey said. "I then helped hand out ice cream sandwiches that were donated by a local Schwann's Company and interacted with the children for a while. I also spent some time talking with the elderly people who were sitting around and just needed someone to talk to even if just for a minute. You can learn so much from them and I love to hear their stories."

On the way home, she met two National Guard medics who were helping with the hurricane recovery operations. She treated them to dinner and gave them a bag of VHS tapes to watch at the recreation center where they were staying.

"It was a great feeling to help a couple of Soldiers that are helping us so much," Sampey said. "Today was a great day."

# Boy Scout Troop 431 prepares youths to make moral choices

## BY ROB MARTINEZ

SCOUT STAFF

Camping, hiking, community service, Troop 431 is doing something every month. "This is the most active Troop I've ever seen," said Assistant Scout Master Mat Greenway. "431 started in 1933. It's probably the oldest in Arizona," he said.

Scouting offers youths responsible fun and adventure. The mission is to instill lifetime values, and develop ethical character as expressed in the Scout Oath and Law. The emphasis is on citizenship, service and leadership.

Senior Patrol Leader Dale Robins is fifteen years old, and has been in the scouts for eleven years. He said, "It actually teaches you

a lot of stuff you use in the future. If you're in the right troop, it will help you become more mature."

His favorite scouting activity is archery. "It helps you stay calm," he said. "It's fun all around. There are very few things you do that you sit there and fall asleep."

Adults and the scouts' parents are welcome to participate as well.

They can also volunteer to share any expertise they have.

This service may qualify members of the Armed Forces for the Military Outstanding Volunteer Service Medal.

The scouts are self sufficient, but according to Cub and Boy Scout bylaws, they are required to have a sponsor. Presently, they are looking for a sponsoring organization.



Photo by Rob Martinez

*Troop 431 recites the Scout motto.*

## Sierra Vista 50th Anniversary



*Countdown: Sierra Vista turns 50 in 31 weeks*

### EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities

worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout", October 20, 1955

### Academy Opens To Train NCO's

The 1st Sig. Gp. this week announced the opening of a new NCO Academy on Post. The Academy offers a four-week course designed to train 1st Sig. Gp. Personnel in such areas as methods of instruction, military courtesy, drill and leadership. A highly qualified faculty of Non-Commissioned Officers, under the direction of Lt. Charles Salzhauer of the 16th Sig. Co., will conduct the course.

M/Sgt. Malcolm A. Foster will be the NCOIC, and a staff of seven instructors will assist him. ...

The first class of 33 students will be only the beginning of what is hoped to become to be a permanent course. Graduates of the course will be equipped to fulfill virtually any command or instructional duties assigned to them. The school is presently situated in building No. 10027 in Area 10.

Among the basic classes to be held are: Military Justice, Map Reading, Small Unit Tactics, Weapons Instruction, and Company Administration and Supply. It is hoped the varied course of study will improve not only the ability of the individual student, but will materially increase the efficiency of the command.

### Fort Huachuca Driver Training Wins Acclaim From Arizona Official

Fort Huachuca's Refresher Driver Training program has won stateside recognition for its part in reducing automobile accidents. The program was set up for the benefit of those who had been cited for traffic violations by Post or civilian authorities.

# Arizona Tourist

# Caving in Southern Arizona

BY MICHAEL COLLINS  
CONTRIBUTING WRITER

Who's ready for a science lesson? This week's tourism column is going to discuss the exciting world of caves.

Caves are unique creations in nature and have captivated the interest of mankind for centuries. Take Solomon Lick for example. One day in 1879, while out searching for his lost cow, Mr. Lick of Tucson, Arizona came upon an opening in the side of the mountain. Being keenly observant and noticing the sign over the entrance that said "Colossal Cave," he immediately surmised that he was at the entrance of mine shaft, since Mr. Lick was unable to read his own name. The good news is he was able to recover his cow, but she didn't give milk for over a week.

Arizona is full of caves and caverns

such as the Colossal Cave. I use two words because there is a difference between the meanings, which we will get to later.

Kartchner Caverns, just up the road from the Fort on Highway 92, is one of the state's best known caves...uh, that is caverns. Kartchner was discovered by accident as well, when Gary Tenen and Randy Tufts were exploring the limestone hills at the base of the Whetstone Mountains. In the bottom of a sinkhole, they found a narrow crack leading into the hillside. Warm, moist air flowed out, signaling the existence of a cave. After several hours of crawling, they entered a pristine cavern.

It wasn't until February 1978 that Tenen and Tufts told the property owners, James and Lois Kartchner, about their discovery.

The cave's existence became public

knowledge in 1988 when its purchase was approved as an Arizona State Park. Extraordinary precautions have been taken during its development to conserve the cave's near-pristine condition.

## How are caves formed?

Caves are formed by a variety of geologic processes. In order for a cave to be a cave, it has to be formed naturally, otherwise it is a tunnel or mine shaft. Another qualifier is that a cave must be large enough for a human to enter. Caverns as previously discussed are simply caves that use performance enhancing chemicals, like a bodybuilder that uses steroids.

Some caves such as those found in Hawaii are formed by lava flows. These are called the "interesting caves." Why? Many years ago when man did live in caves, urban renewal was never a problem. Housecleaning was a snap

because molten lava would sweep out the potato chip crumbs as well as the old barcalounger and yapping dog. But this science of early cave dwellings is still pretty inexact.

As caves went, there were some definite downsides to this type of dwelling. That is why our ancestors moved up to talus or fracture caves. These caves are very common in Arizona and are formed by falling rock normally at the base of cliffs. The word origins derive from loose rocks that come hurtling at 32 feet per second per second to the unsuspecting cave dweller at the base of the cliff. Upon impact, the cave dweller is 'fractured' and no longer as 'tal' as 'us'. Once again, these word origins are approximation of their scientific meanings.

Finally there is the limestone cave.

See **CAVES**, Page B7

# Ask the Dietitian

# The new Food Guide Pyramid

BY CAPT. JENNIFER L RODRIGUEZ  
REGISTERED DIETITIAN

In 1992, the U.S. Department of Agriculture introduced The Food Guide Pyramid. The pyramid provided guidance about healthy eating to ensure the American public received adequate nutrients, vitamins and minerals their bodies needed.

It is now 2005, and the USDA just released "My Pyramid," an interactive food guidance system with the

message that healthy eating combined with activity will help Americans live longer and healthier lives.

The idea behind the new pyramid stems from the recent 2005 Dietary Guidelines for Americans recommendations.

New changes to the pyramid include vertical bands for each food group focusing on specific foods for better health, promotion of daily physical activity, personalized plans for specific calorie levels, and an

interactive website for consumers.

Guidelines are specific for each food group to include eating at least 3 ounces of whole grains each day, choosing a variety of fruits and vegetables, consuming 3 cups of low fat dairy products each day, choosing lean sources of meats and poultry, and focusing on healthy fats containing high amounts of monounsaturated and polyunsaturated fatty acids such as fish, nuts, and seeds.

Some concepts remained the same to include specific servings from each group, limiting sugars and salt, as well as alcohol. Be sure to check out the website at [www.MyPyramid.gov](http://www.MyPyramid.gov) for more information and useful tools for healthy living. Happy Eating!

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to [jennifer.rodriguez1@us.army.mil](mailto:jennifer.rodriguez1@us.army.mil).

## Community Briefs

### Submission deadline for "The Mirage"

Cochise College is now accepting entries for "The Mirage," a literary and arts magazine produced annually by students.

"The Mirage" includes art, photographs, short stories, poetry and other works by students and members of the public. Anyone who is a Cochise College student, or a resident of Cochise or Santa Cruz counties, may submit entries for publication.

The submission deadline is Nov. 1. As part of a class project, students taking Journalism 257 or En-

glish 257 evaluate submissions and design and publish the magazine during the spring semester.

Submissions must meet the following guidelines:

Be the original work of the person submitting

Include a cover sheet with a name, address, phone number, e-mail address, and title(s) of work(s)

Include a biography of the writer or artist in 75 or fewer words

Submissions in poetry and prose must be typed.

Prose should be double-spaced. There is a 2,000-word limit for prose entries and a limit of five submissions per person in art or writing.

Unless sent by e-mail, art and photographs must be submitted as slides.

More specific submission guidelines and past issues are available online at [www.cochise.edu](http://www.cochise.edu). Anyone interested in serving on "The Mirage" staff should contact Jay Treiber at (520) 417-4765 at the Douglas Campus or Jeff Sturges at (520) 515-5435 on the Sierra Vista Campus.

**Advertisement**



**Advertisement**

## Open enrollment for computer class

The SKIES*Unlimited* program is now accepting students for computer instructional classes, held at Myer Elementary School's computer lab.

This is a year-long class, but students may attend on a monthly basis. Class fee is \$50 per month.

For children five to eight, the classes are held 3:45 - 4:30 p.m., Tuesdays and Thursdays. For children nine to 18, the classes are held 4:45 to 5:30 p.m., Tuesdays and Thursdays.

For CYS registration, call 533-0738 or stop in at the Central Registration Office at Murr Community Center, Building 51301. There is an annual \$18 registration fee for CYS membership.

For more information, call Robin Gabert at 533-0710.

## Launderette reopening

AAFES is proud to announce the reopening of its renovated launderette at building 52045. This new facility has all new machines and a bright atmosphere to take care of your needs.

As a bonus, the facility is now open 24 hours a day, seven days a week.

## National Water Education Day

Fourth grade students and their teachers from Sierra Vista and Fort Huachuca will unite on Oct. 21 in honor of National Water Education Day. The students will join nearly 50,000 other students nationwide in an educational journey and celebration of water.

In Sierra Vista, 550 plus students, 25 teachers, 54 parents and 35 volunteers will participate in this event! The Water Festival is being held locally at Veterans Memorial Park in Sierra Vista and will take place from 9:30 AM - 2:30 p.m.

This is Sierra Vista's and Fort Huachuca's second annual Water Festival. The goal of the city sponsored

Water Wise program to make the festival part of the 4th grade curriculum was realized Aug. 2 when the Sierra Vista Governing Board voted to make the festival an annual event.

The festival is a community event as Sierra Vista local government, Fort Huachuca, our schools, the residents and the businesses within Sierra Vista and as far away as Phoenix have united in this effort to educate students by donating their time and resources.

For more information on water festivals, please visit [www.ag.arizona.edu/AZWATER/wet/festival.html](http://www.ag.arizona.edu/AZWATER/wet/festival.html).

## Sierra Vista Anniversary countdown

10th annual All-Star Revue will be coming to Sierra Vista 7 p.m. Oct. 21, at the Buena Performing Arts Center. This year's show will feature the talents of balladeer Dolan Ellis, Roger Bays of the Sierra Vista Symphony and a Parade of Stars—performers that have entertained us over the last ten years.

Benefits for this year's show will go to the Forgach House, a domestic crisis shelter for women. Ticket prices are: \$15 Advance, \$17 Door, \$6 Children 6-12, free for children under 6.

For more information, call Mitzi Kirmse at 378-2670.

## Family child care training

You can earn an income while you stay at home. The Fort Huachuca Family Child Care program is looking for individuals who want to earn an income, raise their children at home and make a difference in another child's life. The next training begins on Monday, and the deadline to sign up is Friday. For more information on how to become an FCC Provider, call 533-2498.

Reminder: Fort Huachuca housing residents may only provide child care in their quarters after gaining approval from the Garrison commander and the

commander's agent, the Fort Huachuca Family Child Care office.

## Quarterly Volunteer Award Ceremony

The Army Volunteer Coordinator will hold the 4th Quarter Volunteer Awards Ceremony, 4:30 p.m., Oct. 26 at Thunder Mountain Activity Centre. For more information, call Kimberlee Bridges at 533-2330.

## Trick-or-Treat times set

On-post Trick or Treating hours for Halloween are from 6-8 p.m. Oct. 31 for children up to 12 years of age. Children nine and under must be accompanied by an adult. Standard access requirements for the installation remain in effect.

There will also be an increase in Military Police presence in the housing areas. If assistance is needed, please make contact with them or call the military police desk at 533-3000 or in the event of an emergency 911.

As a reminder, juveniles 17-years-old and under cannot be out in public on Fort Huachuca, either on foot or in a motor vehicle, without a parent, guardian, or custodian between the established curfew hours listed below unless they are in possession of a curfew permit, Fort Huachuca Form 190-16-R-E. Copies of the form can be obtained at the Military Police Station (Building 22336) or the Youth Activities Center (Building 49013).

Curfew hours:

Sunday - Thursday: 10 p.m. - 5 a.m.

Friday - Saturday: 12 a.m. - 5 a.m.

The Directorate of Emergency Services also reminds community members that if they choose to dress up, using discretion is advised and no fake knives, guns or swords are recommended. In order to ensure this cherished tradition is a real treat for all, both adults and children are reminded to wear reflectorized clothing, carry a flashlight and continually be aware of their surroundings, particularly when crossing roadways.

## Pets Of The Week



**Ginger is a young brown female chow-chow mix. Courtesy photo from [petfinder.com](http://petfinder.com).**



**Rusty is an athletically built 5-month-old pitbull mix pup. Courtesy photo from [petfinder.com](http://petfinder.com).**

**These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit [forthuachucapetfinder.com](http://forthuachucapetfinder.com). In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.**

## At The Movies

Showing at the Cochise Theater for the next week are:

### Today -7 p.m.

The Cave

PG-13

### Friday -7 p.m.

The Man

PG-13

### Saturday -7 p.m.

Transporter 2

PG-13

### Sunday -2 p.m.

The Man

PG-13

### Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

## Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source.

The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



COMBATIVES, from Page B1

poking or gouging eyes, head butting, pulling hair and biting. Fighters are allowed to punch the body, slap with an open hand and use joint lock and pressure point techniques to bring an opponent to submission.

According to the Infantry Web site, the Modern Army Combatives Program started in 1995 with the 2nd Ranger Battalion and has spread at the grass roots around the Army.

The Army Combatives School operates at Fort

Benning and trains more than 2,000 Soldiers per year.

“They looked at a lot of the martial arts from around the world and they picked a little bit of what they liked from the different arts and they brought it together in this big soup and we have the Army Combatives,” said Lindsey.

The Chief of Staff of the Army approved the Modern Army Combatives Program under the Task Force Soldier initiative. The CSA directed that every Soldier

will experience actual hands-on combatives training prior to deploying. The skill has been incorporated into the new Field Manual 3-25.150. Combatives and basic combatives is one of the 40 Warrior Core Tasks of the Warrior Ethos initiative.

Lindsey can be contacted at 533-9541.

*(Editor’s note: information for this article was taken from the U.S. Army Infantry Web site at [www.infantry.army.mil/infantry/index.asp](http://www.infantry.army.mil/infantry/index.asp).)*

JITC, from Page B1

meetings.

Kimsey said there is room for more units to compete in the Commander’s Cup Program.

“I would like to see more unit participation,” she said.

“More particularly with the [Initial Entry Training] students.” Kimsey said when sports fields are complete in the Soldier housing areas, IET participation should increase in

soccer and baseball. The fields are being resurfaced with artificial turf and are near completion.

The Commanders Cup program timeline has shifted a

little this year because Fort Huachuca will host the All-Army Volleyball and Armed Forces Volleyball competitions during April and May.

According to Kimsey, last

year’s Commander’s Cup season went off without a hitch and this season is off to a smooth start with the completion of cross country and flag football.

CAVES, from Page B3

Rainwater, made slightly acidic by absorbing carbon dioxide from the air and soil, penetrated cracks in the down-dropped limestone block and slowly dissolved passages in it. Later, lowering groundwater levels left behind vast, air-filled rooms.

Although most no longer live in caves, there is no reason why people can’t still enjoy them, which

brings us to the point of the article.

Caving for many people is fun and there are many ways you can get to know more about these awe inspiring creations of nature. The easiest way is to arrange a tour at nearby Kartchner Caverns or further up the road at Colossal Cave Mountain Park. They have guides that are well versed in the science

of speleology, or in plain English the systematic exploration of caves. There are many responsible caving organizations to affiliate with as well, if you wish to delve deeper into the subject. Just ask the friendly guides at Kartchner Caverns or Colossal Cave Mountain Park and they will direct you to a local speleological group. Remem-

ber, safety is always paramount if you choose this route.

To visit Kartchner Caverns, call (520) 586-CAVE (2283) or visit [www.pr.state.az.us/parkhtml/kartchner.html](http://www.pr.state.az.us/parkhtml/kartchner.html) on the Web.

To visit Colossal Cave Mountain Park, call (520) 647-PARK (7275) or visit [www.colossalcave.com/visit.html](http://www.colossalcave.com/visit.html) on the Web.

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